



# SUMMIT

---

## R E S E A R C H

This form should take about 10 minutes to complete.  
Thanks in advance for completing it.

### Confidential Research Patient Information

**Name:** First: \_\_\_\_\_ Middle Initial: \_\_\_\_\_ Last: \_\_\_\_\_ **Date:** \_\_\_\_\_

**Age:** \_\_\_\_\_ Date of Birth: \_\_\_\_\_

**Gender** (select):      Male      Female

**Race** (select):      Caucasian      African American      Native American      Asian/Pacific Islander  
Hispanic/Latin      Other: \_\_\_\_\_

### Contact Numbers:

Primary: \_\_\_\_\_ Secondary: \_\_\_\_\_ Email: \_\_\_\_\_

### Home Address:

Street: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip Code: \_\_\_\_\_

Length of Residence here: \_\_\_\_\_ Who lives with you? \_\_\_\_\_

### Person to notify in case of emergency:

Name: \_\_\_\_\_ Relationship: \_\_\_\_\_

Telephone number: \_\_\_\_\_

### **I. SYMPTOMS:**

What are your symptoms / what bothers you most (in priority order)?

**Please indicate how much each symptom bothers you:**

**(1=A little; 2=Moderate; 3=A lot; 4=Extremely, place number after the symptom)**

1. \_\_\_\_\_ ( ) 4. \_\_\_\_\_ ( ) 7. \_\_\_\_\_ ( )

2. \_\_\_\_\_ ( ) 5. \_\_\_\_\_ ( ) 8. \_\_\_\_\_ ( )

3. \_\_\_\_\_ ( ) 6. \_\_\_\_\_ ( ) 9. \_\_\_\_\_ ( )

**Family History of mental health problems:**      None      Unknown

Relationship	Diagnosis	Treatment	Staff Comments

**II. OTHER SYMPTOMS:** (select Yes or No)

Comments (for staff use only)

1. There are weeks that I feel charged with energy and require almost no sleep.	<b>Yes</b>	<b>No</b>	
2. I have had anxiety attacks that come on me suddenly and unexpectedly	<b>Yes</b>	<b>No</b>	
3. I have a strong urge to repeat certain acts over and over.	<b>Yes</b>	<b>No</b>	
4. Disturbing thoughts come into my mind that I cannot get rid of.	<b>Yes</b>	<b>No</b>	
5. I sometimes have trouble controlling my anger.	<b>Yes</b>	<b>No</b>	
6. I have experienced a traumatic event and have distressing memories of the event.	<b>Yes</b>	<b>No</b>	
7. I periodically injure myself on purpose.	<b>Yes</b>	<b>No</b>	
8. I think about suicide or have made a suicide attempt.	<b>Yes</b>	<b>No</b>	
9. I am afraid of certain places, objects, or animals and go out of my way to avoid them.	<b>Yes</b>	<b>No</b>	
10. I get unusually fearful in social situations.	<b>Yes</b>	<b>No</b>	
11. As a child I was frequently in trouble for fighting, lying, stealing or skipping school.	<b>Yes</b>	<b>No</b>	
12. I have had an eating disorder	<b>Yes</b>	<b>No</b>	

**III. PERSONAL HABITS:**

Do you currently use tobacco? \_\_\_\_\_ How much per day? \_\_\_\_\_

How many alcoholic beverages do you consume in a typical week? \_\_\_\_\_

Are you willing to discontinue all alcohol use if you participate in a study? No Yes

When was the last time that you used recreational drugs (e.g. marijuana, cocaine, methamphetamine, etc.)? Please select:

last week      last month      last year      last 5 years      last 10 years      over 10 years      never

#### IV. LEGAL HISTORY:

Are you currently involved in a legal dispute? No Yes If yes, please explain:

Have you ever been arrested? No Yes If yes, please explain:

#### V. EDUCATION AND WORK HISTORY:

Less than High School      High School/GED      Some college      College Grad

While attending school, what grades do/did you typically earn? A B C D F

Are you currently employed? Yes No Hours worked per week:  
 What is your job? \_\_\_\_\_ How long have you had this job? \_\_\_\_\_  
 How many jobs have you had in the last ten years? \_\_\_\_\_ Length of longest job: \_\_\_\_\_

Have you ever served in the military? Yes No What branch? When?

#### VI. RELATIONSHIP HISTORY:

Please select all that apply: Single Married Separated Divorced Widowed Partnered

Do you have children? No Yes If yes: How many? \_\_\_\_\_

What are your most important relationships (family, friends, children, partners, etc.)?

Which relationships are most difficult for you?

**Thank you for completing this confidential form. You will have the opportunity to discuss your answers when you meet with your doctor.**

**For staff use only: Date reviewed with clinician: \_\_\_\_\_  
 All entries in \_\_\_\_\_ ink made by \_\_\_\_\_ upon review with the patient**

## Medical History Questionnaire

Name: \_\_\_\_\_

Date: \_\_\_\_\_

DOB: \_\_\_\_\_

<b>Please check <u>yes</u> or <u>no</u> for each condition listed below</b>					
<u>Condition</u>	<u>Yes</u>	<u>No</u>	<u>Description / Comment</u>	<u>Start Date</u>	<u>Stop Date</u>
Ear, Nose, Throat Disease?					
Eye Disease?					
Thyroid Disease / Goiter?					
Heart Disease?					
High Blood Pressure?					
High Cholesterol?					
Lung Disease?					
Diabetes?					
Liver / Gallbladder Disease?					
Stomach / Intestinal Disease?					
Kidney / Bladder Disease?					
Prostate Disease?					
Breast Disease?					
Uterine / Ovarian/ Cervical Disease?					
Epilepsy / Seizures/ Stroke or TIA?					
Neurological Disease?					
Bone or Joint Disease?					
Skin Disease?					
Psychological Problems?					
Blood Disease?					
Cancer or Tumors?					
Current method of birth control?					
Other?					

## Medical History Questionnaire

**SURGERIES or HOSPITALIZATIONS:**

None \_\_\_\_

Surgery / Hospitalization	Date	Reason
1.		
2.		
3.		
4.		
5.		
6.		
7.		

**ALLERGIES: Please list all including environmental, food, & medication**

None \_\_\_\_

Allergy	Reaction	Date Started	Date Ended
		_____	_____
		_____	_____
		_____	_____

**MEDICATIONS: What over-the-counter or prescription medications, including vitamins and herbal preparations, have you taken in the last 3 months?**

None: \_\_\_\_

	Dose	# Times / Day	Reason	Start Date	Stop Date	Cont'd?

<b>Reviewed by:</b>	<b>Date:</b>
---------------------	--------------